

### **General Rules:**

**-Injury Rule:** If your daughter is too injured to participate in practice, they cannot participate in the following tournament. Full participation and a doctor's note for return to play (if they have a doctor's visit) is required in the leading two practices before a tournament to participate.

**-Attire:**

- a. WYO Sports Ranch practice shirts are required to be worn during practice.
- b. Only WYO Sports Ranch Official warm-ups are allowed to be worn for players.
- c. Coaches can wear only WYO Sports Ranch Official attire.
- d. Custom created jerseys, warmups, and other merchandise is NOT allowed.

Parents are allowed to be creative with what they wear as long as it does not relate to WYO Sports Ranch logos or similar designs.

**-Tryout Fee:** A fee to tryout, can be applied to total if they make a team.

**-Refunds:** No refunds since expectations will be fully known to parents. The only exception will be season ending injuries if before the season officially begins.

**- Grievance Policy:**

- 24-Hour Rule: Wait 24 hours before addressing concerns.
- Step 1: Talk to the coach privately.
- Step 2: If unresolved, elevate to Club Director.

**-Hazing/Bullying will not be tolerated on any team.**

- Concerns of bullying/hazing should be reported to the coaches and WSR has the right to investigate and discipline as we see fit.

### **Parental Code of Conduct**

**At WYO Ranch Volleyball Club, we believe parents play a crucial role in athlete development. While challenges may arise, we have policies in place to ensure open communication and positive outcomes.**

**Respectful Interactions:** Parents should never approach coaches or staff members with questions about coaching decisions during or after matches. All such issues should be addressed through the Parental

Code of Conduct. Verbal abuse of staff, coaches, or opposing personnel will not be tolerated and may result in immediate disciplinary action, up to and including removal from the club.

**Support and Guidance:** Parents should support their child as a parent and allow expert coaches to provide guidance as a player. Remember that your reactions in difficult situations significantly impact player development.

**Parent Expectations: We ask parents to:**

- **Prioritize Fun:** Remember that children participate for fun, and the game is about the player, not the parents.
- **Be Positive Role Models:** Support all players, coaches, officials, and spectators at WYO Ranch Volleyball events.
- **Demand Respect:** Insist that your child treats teammates, opponents, officials, and coaches with respect at all times.
- **Focus on Effort:** Teach your child that doing their best is more important than winning and that they should not be defeated by the outcome of a game.
- **Allow Coaches to Coach:** Refrain from coaching your player during practices or games, allowing coaches to do their job effectively.
- **Set Long-Term Goals:** Have honest and positive conversations with players about long-term goals to help them understand the value of learning from failures.
- **Encourage Direct Communication:** Encourage players to address any questions they may have with the coach directly.
- **Avoid Negative Social Media Posts:** Refrain from posting negatively about the club on any social media platforms.
- **You will not be able to make any derogatory comments towards opposing teams, coaches, referees, etc.**
- **Any negative comments during practices or tournaments will not be tolerated, and you will be asked to leave the facility.** Concerns should be addressed to coaches in a professional manner outside of competition and practice.
- **Parents are responsible for player attendance.** Parents are expected to have their athletes at all practices/games unless previously discussed with their coach. All absences will need to be communicated to their coach at the earliest opportunity.

**Failure to adhere to these rules can result in suspension of team activities, removal from the team, and if needed, banned from the club.**

### **Athlete Code of Conduct**

**At WYO Ranch Volleyball Club, we believe that sports offer valuable life lessons. We encourage all coaches, parents, and athletes to work together to create a positive and rewarding experience for our players.**

**We expect players to:**

- **Be Punctual:** Arrive at practices at least 15 minutes early to allow for setup.

- **Wear Club Attire:** Always wear the club-provided attire during practice sessions and tournament play.
- **Communicate Positively:** Maintain positive communication with teammates, coaches, and club administration.
- **Set Goals:** Establish personal and team goals before the season and participate in practice sessions designed to achieve them.
- **Provide Positive Reinforcement:** Offer positive reinforcement during practices and games.
- **Foster a Positive Team Atmosphere:** Create an inclusive and accepting environment within the team.
- **Represent the Club Positively:** Represent WYO Ranch Volleyball Club positively in all situations, both inside and outside the WYO Sports Ranch.
- **No Negative Social Media Posts:** Refrain from posting negatively about the club on any social media platforms.

**Failure to adhere to these rules can result in suspension of team activities, removal from the team, and if needed, banned from the club.**